

[Click here](#) to view this message in a browser window.



Less than 2 Months  
Left to Earn \$150  
from HealthFlex!



**HealthFlex rewards your commitment to health and well-being. Accumulate 150 Wellness Points by December 31 and you'll earn \$150.\***

Make sure [you've signed up for Virgin Pulse](#) or you'll miss out—you must be enrolled at the time the incentive is awarded!

**Earn your incentive with just 5 activities:**

**30**  
points

**1. Register for the new [EY Navigate website](#)**

This site launched November 5 and requires registration, even if you had registered for the previous EY website. It takes less than 5 minutes to register.

**50**  
points

**2. Take the [EY Confidence Checkup](#)**

Evaluate your financial well-being in less than 10 minutes.

**35**  
points

**3. Register or log in to [Benefits Access](#)**

While you're there, update your contact information or beneficiaries. Go to Take Action > Update Personal Data.

**30**  
points  
(10 per goal)

**4. Set and achieve goals in My Health Assistant on [HealthFlex/WebMD](#)**

Earn 5 points for each goal you set and 5 more points for achieving your goals (up to 3 goals).

**5. Register for MDLive on [HealthFlex/WebMD](#) or by phone at 1-888-750-4991**



Get 24/7 access to state-licensed, board-certified doctors (including pediatricians) for non-emergency conditions via phone, secure video or a mobile app.

Wellness incentives are deposited to your Virgin Pulse account, and can be cashed out as gift cards, deposited into your bank account or donated to UMCOR.

See how many points you've earned and learn about additional opportunities to earn points on [HealthFlex/WebMD](#)—click "**HealthFlex Wellness Points**" in the dark gray bar in the middle of the page.

*\*The IRS considers incentives taxable income. Please consult your tax adviser. Participation in HealthFlex well-being programs is voluntary.*

a general agency of The United Methodist Church



[wspath.org](http://wspath.org)

Copyright © 2019 Wspath Benefits and Investments  
Our address is 1901 Chestnut, Glenview, IL 60025

To contact Wspath Benefits and Investments, [click here](#).